

## What to Expect at Camp

- ❑ Plan to arrive between 2:30 and 3:30 p.m. Your counselor and cabin have been pre-assigned, so keeping to this check-in schedule keeps everyone on time. Camp ends after noon lunch on Friday. Parents are welcome to join us for closing worship, which begins at 11:00 am. *(Round-Up participants who stay Sunday through Tuesday will have a closing worship at 11:00 and closing lunch at noon, Round-up campers will be ready to leave at 12:30 on Tuesday.)*
- ❑ Please have your paperwork (registration, releases, and health forms) completed and your balance paid at least 3 weeks prior to camp. You will avoid delays in getting started having fun!
- ❑ Relax, and enjoy the national forest. Leave behind familiar routines and expectations of modern life. Take the time to slow down and enjoy yourself.
- ❑ Plan on living in a cabin or platform tent with 6-9 other people during your stay. Restrooms and showers are located a short distance away from cabin area.
- ❑ Socks and shoes are required at Sky Ranch. We require close-toed shoes for safety reasons. For day hiking, we recommend broken-in hiking boots or other shoes with a sturdy sole to protect your feet from sharp rocks. Certain day hike destinations require boots due to rugged trail conditions, while other destinations are less rugged and can be managed with tennis shoes. Please plan for both! Good wool socks are needed to reduce friction and avoid painful blisters.
- ❑ Prepare for high-altitude fatigue. Playing in high altitudes is strenuous, even for those in good condition. Try to get plenty of exercise before coming to camp to maximize your fun. To help prevent dehydration, drink at least 8 glasses of water (no caffeine drinks) each day for a week before coming to camp, and also while here.
- ❑ All visitors must check in with our camp office. No camper is allowed to leave the premises with a visitor (even a relative) without a signed permission slip from the parent who registered the camper.
- ❑ Our campers rate our staff as the best thing about camp. Counselors get lots of training before your arrival, and they are meant to be one of your best friends at camp. They can fix problems, have a good time with you, and make your camp experience memorable.
- ❑ Our camp rules are: treat others with respect, stay with your counselor, and drink lots of water. If you step outside of the rules, we'll talk with you or call your parents to help us. Please treat others as you want to be treated!
- ❑ You may be lucky enough to see animal wildlife while camping. If so, travel quietly and give animals their space. Remember that moose, bear, and other animals can become aggressive if provoked or threatened by your actions.
- ❑ Expect to Have Fun!!

